

– Health Insurance

# **MANIPALCIGNA PRIME SENIOR**

## **CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY**

This document provides key information about your policy. You are also advised to go through your policy document.

Title	Description (Please refer to applicable Policy Clause Number in next column)		Policy Clause Number
Name of Insurance Product/Policy	ManipalCigna Prime S		
Policy Number	xxxxxxx		
Type of Insurance Product/Policy	elements of both) Indemnity - Where in Insured under the poli Benefit - Where the I		
Sum Insured (Basis)	Individual Sum Insured - Where each insured member has a separate sum insured the policy,		
		,	
	<insured 2="" name=""></insured>	XXXXX	
	<insured 3="" name=""> xxxxx</insured>		
	Insured Name	Sum Insured (in Rs)	
	<insured 1="" name=""></insured>		
	<insured 2="" name=""></insured>	xxxxx	
	<insured 3="" name=""></insured>		
	Name of Insurance Product/Policy Policy Number  Type of Insurance Product/Policy  Sum Insured (Basis) (Along with	Name of Insurance Product/Policy Policy Number  Type of Insurance Product/Policy  Type of Insurance Product/Policy  Type of Insurance Product/Policy  Type of Insurance Product/Policy  Indemnity - Where in Insured under the policy on the Insured Under the policy on the Insured Name  Insured Name  Insured Name 1>  Insured Name 2>  Insured Name  Insured Name 3>  Or  Floater Sum Insured have a single sum insor all members.  Insured Name  Insured Name  Insured Name  Insured Name 2>  Insured Name  Insured Name  Insured Name	Name of Insurance Product/Policy  Policy Number  Type of Insurance Product/Policy  Both indemnity and Benefit (Where the policy has elements of both) Indemnity - Where insured losses are covered up to Sum Insured under the policy on the occurrence of a covered event.  But Insured Name  Sum Insured (Basis) (Along with amount)  Sum Insured Name Insured - Where all members under the policy has elements of both) Indemnity - Where insured losses are covered up to Sum Insured the policy on the occurrence of a covered event.  Individual Sum Insured - Where each insured member has a separate sum insured the policy,  Insured Name Sum Insured (in Rs)  Insured Name 2> xxxxxx  Insured Name 3> xxxxxx  Insured Name Insured imit which may be utilized by any or all members.  Insured Name  Sum Insured (in Rs)  Insured Name  Sum Insured (in Rs)  Insured Name  Sum Insured (in Rs)  Insured Name  Sum Insured (in Rs)



1. In-patient Hospitalization D.I.1 Room Rent: Covered up to Single Private A/C Room For ICU - Covered up to Sum Insured This benefit shall also offer the below covers up to the limits mentioned: a. Listed Modern and Advanced Treatments: Up to Sum Insured b. HIV/AIDS & STD: Up to Sum Insured c. Mental Illness: Up to Sum Insured For below mentioned ICD Codes: Waiting Period of 24 months shall apply. **ICD 10 DISEASES** CODES F05 Delirium due to known physiological condition Other mental disorders due to known physiological F06 condition Personality and behavioural disorders due to known F07 physiological condition Schizophrenia F20 F23 Brief psychotic disorders F25 Schizoaffective disorders Unspecified psychosis not due to a substance or F29 known physiological condition **Policy** F31 Bipolar disorder Coverages 5 (What the policy F32 Depressive episode covers?) F39 Unspecified mood [affective] disorder F40 Phobic Anxiety disorders F41 Other Anxiety disorders F42 Obsessive-compulsive disorder F44 Dissociative and conversion disorders Somatoform disorders F45 F48 Other nonpsychotic mental disorders Specific personality disorders F60 F84 Pervasive developmental disorders F90 Attention-deficit hyperactivity disorders F99 Mental disorder, not otherwise specified 2. Pre - hospitalization Medical Expenses Covered up to 30 days before the date D.I.2 of hospitalization; Covered up to the Sum Insured. 3. Post - hospitalization Medical Expenses Covered up to 60 days post discharge D.I.3 from the hospital; Covered up to the Sum Insured. 4. Day Care Treatment **D.I.4** Covered up to the Sum Insured 5. Domiciliary Hospitalization (Treatment at Home) Covered up to Sum Insured **D.I.5** 

Pre and Post Hospitalization Expenses: 30 days each



————Health Insura	nce —
6. Road Ambulance (Reimbursement of Ambulance Expenses)	-
Covered up to the Sum Insured 7. Donor Expenses (Hospitalization Expenses of the donor providing the organ) Covered up to the Sum Insured including:	D.I.6
<ul> <li>Pre &amp; Post Hospitalization expenses (Up to 30 days each) of the donor</li> </ul>	D.I.7
<ul> <li>Cost towards donor screening once in a Policy year for successful transplant</li> <li>Complications arising during hospitalization or up to 30 days from date of discharge - Up to 25% of SI subject to maximum of ₹2 Lacs, Over and above Sum Insured We will not cover expenses towards the Donor in respect of cost associated to the acquisition of the organ</li> <li>AYUSH Treatment (In-patient Hospitalization)</li> </ul>	D.I.9
Value Added Covers This section lists the additional value added benefits that are available along with your plan	
Tele-Consultation     Unlimited Tele-consultation including specialist during the Policy Year.     Cumulative Bonus	D.II.2
Bonus of 10% per claim free year, subject to a maximum up to 100% of sum insured. In case of a claim, the accumulated Cumulative Bonus shall not reduce.  3. Discount from Network Providers	D.II.3
Discount on Pharmacy, Diagnostics, Medical Devices, Health Supplements and other health-related services offered by the Network Providers of ManipalCigna Health Insurance Company Limited.	D.II.5
4. Health Check Up Once after every claim free year For Sum Insured up to 10 Lacs: Up to ₹2,000 per insured member For Sum Insured above 10 Lacs: Up to ₹2,500 per insured member Available from 2nd year onwards. The Health Check-up shall be offered on cashless basis only. However, the eligible insured may avail health check from the MCHI Network of Health Check Up Center up to the limit specified	D.II.6
Optional Covers (Available if opted) This section lists the available optional covers under your plan and the limits under each of these options  1. Any Room Upgrade The Insured Person shall be eligible to upgrade the room type category eligibility under the Policy to "Any Room Category" in a Hospital.	D.III.1



- Health Insurance

	——— Health Insura	ince —
2.	Premium Management (Not available on Opting 'Any Room Upgrade' Optional	D.III.2
3.	Cover) Room Rent: Covered up to ₹3000 per day For ICU - Covered up to Sum Insured Restoration of Sum Insured (When opted Sum Insured is insufficient due to claims) (Applicable for Sum Insured 5 Lacs and above) Multiple Restoration is available in a Policy Year for all illnesses, whether unrelated or same, in addition to the Sum Insured	D.III.3
4. 5.	Applicable for below covers only a) D.I.1 - In-patient Hospitalization b) D.I.2 - Pre - hospitalization c) D.I.3 - Post - hospitalization d) D.I.4 - Day Care Treatment e) D.I.6 - Road Ambulance f) D.I.7 - Donor Expenses g) D.I.9 - AYUSH Treatment h) Non-Medical Items (if ManipalCigna Health 360 Shield is opted and applicable) Restoration shall not get triggered for the 1st claim The maximum liability under a single claim shall not be more than Base Sum Insured + Cumulative Bonus + Restored Sum Insured Reduction in PED waiting period Option to reduce the PED waiting period to 90 Days. Deductible Deductible of ₹10,000, ₹25,000, ₹50,000, ₹1,00,000, ₹2,00,000, ₹3,00,000, ₹4,00,000 or ₹5,00,000 can be opted at the inception or during any Renewal of the Policy. For Deductible of ₹10,000, the cover can be opted either at inception or can be opted or removed at the time of Policy Renewal. For Deductible of ₹25,000 and above, the cover can be opted either at inception or can be opted or removed at the time of Policy Renewal. On opting out of deductible of ₹25,000 and above, the enhanced coverage during any policy renewals will not be available for an illness, disease, injury already contracted under the preceding Policy Periods or earlier. All waiting periods as applicable under the base policy shall apply afresh for this enhanced limit from the effective date of such enhancement.	D.III.4 D.III.5
Th	d on cover(Rider) (If Opted) is section lists the Add on cover available under your plan ManipalCigna Health 360 Add On Cover (UIN: MCIHLIA23023V012223)	Add on policy

a. ManipalCigna Health 360-Shield:
Coverage available for NME and DME
NME: covered up SI as part of base SI
DME: Listed DME covered up to ₹1 Lac

wordings



		Health Insura	arice
		<ul> <li>b. ManipalCigna Health 360-OPD: <ol> <li>Package 1: Get cover for doctor consultations on cashless basis within the OPD Sum Insured.</li> <li>Package 2: Get coverage for doctor consultations and prescribed diagnostics on cashless basis within the OPD Sum Insured.</li> <li>Package 3: Get coverage for doctor consultations, prescribed diagnostics and pharmacy on cashless basis within the OPD Sum Insured. Pharmacy limit is 20% of the OPD Sum Insured.</li> </ol> </li> </ul>	
6	Exclusions (What the policy does not cover)	<ol> <li>Investigation &amp; Evaluation - Code - Excl. 04</li> <li>Rest Cure, rehabilitation and respite care - Code - Excl. 05</li> <li>Obesity/ Weight Control: Code - Excl. 06</li> <li>Change-of-Gender treatments: Code - Excl. 07</li> <li>Cosmetic or plastic Surgery: Code - Excl. 08</li> <li>Hazardous or Adventure sports: Code - Excl. 09</li> <li>Breach of law: Code - Excl. 10</li> <li>Excluded Providers: Code - Excl. 11</li> <li>Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. Code - Excl. 12</li> <li>Treatments received in heath hydros, nature cure clinics, spas or similar establishments. Code - Excl. 13</li> <li>Dietary supplements and substances that can be purchased without prescription. Code - Excl. 14</li> <li>Refractive Error: Code - Excl. 15</li> <li>Unproven Treatments: Code - Excl. 16</li> <li>Sterility and Infertility: Code - Excl. 17</li> <li>Maternity: Code - Excl. 18</li> <li>Dental Treatment, orthodontic treatment, dentures or Surgery of any kind unless necessitated due to an Accident and requiring minimum 24 hours Hospitalization. Treatment related to gum disease or tooth disease or damage unless related to irreversible bone disease involving the jaw which cannot be treated in any other way, unless specifically covered under the Policy.</li> <li>Circumcision unless necessary for treatment of a disease, illness or injury not excluded hereunder or due to an accident.</li> <li>Instrument used in treatment of Sleep Apnea Syndrome (C.P.A.P.) and Continuous Peritoneal Ambulatory Dialysis (C.P.A.D.) and Oxygen Concentrator for Bronchial Asthmatic condition, Infusion pump or any other external devices used during or after treatment.</li> <li>External Congenital Anomaly or defects or any complications or conditions arising therefrom.</li> <li>Prostheses, corrective devices and medical appliances, which are not required intra-operatively for the disease/ illness/ injury for</li></ol>	E.I.4 to E.I.18 and E.II.3 to E.II.16



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		<ul><li>24.</li><li>25.</li><li>26.</li><li>27.</li></ul>	Costs of donor screening or costs incurred in an organ transplant surgery involving organs not harvested from a human body.  Any form of Non-Allopathic treatment (except AYUSH Treatment (In-patient Treatment)), Hydrotherapy, Acupuncture, Reflexology, Chiropractic treatment or any other form of indigenous system of medicine.  All Illness/expenses caused by ionizing radiation or contamination by radioactivity from any nuclear fuel (explosive or hazardous form) or from any nuclear waste from the combustion of nuclear fuel nuclear, chemical or biological attack or in any other sequence to the loss.  All expenses caused by or arising from or attributable to foreign invasion, act of foreign enemies, hostilities, warlike operations (whether war be declared or not or while performing duties in the armed forces of any country), participation in any naval, military or air-force operation, civil war, public defense, rebellion, revolution, insurrection, military or usurped power, active participation in riots, confiscation or nationalization or requisition of or destruction of or damage to property by or under the order of any government or local authority.  All non-medical expenses including convenience items for personal comfort not consistent with or incidental to the diagnosis and treatment of the disease/illness/injury for which the Insured Person was hospitalized - belts, collars, splints, slings, braces, stockings of any kind, diabetic footwear, thermometer and any medical equipment that is subsequently used at home except when they form part of room expenses, procedure charges and cost of treatment. For complete list of Non-medical expenses, please refer to the Annexure III List - I "Items for which Coverage is not available in the Policy"  Any deductible amount or percentage of admissible claim under co-pay if applicable and as specified in the Policy Schedule.  Existing diseases disclosed by the Insured Person (limited to the extent of the ICD codes mentioned in line with Chapter IV, Guidelines on Standardization		
	Waiting Period This sections lists the	1.	Initial Waiting Period: First 30 days from the Policy start date, for all Hospitalization due to Illnesses, except Accident.	E.I.3	
7	applicable period (days/ months) before you can make a claim for the listed diseases/ treatments	2.	Specific Waiting Period (Not Applicable on claim arising due to accidents): 24 Months for following diseases: i. Cataract and other disorders of lens and Retina, ii. Hysterectomy for Menorrhagia or Fibromyoma or prolapse of Uterus or myomectomy for fibroids unless necessitated by malignancy	E.I.2	

- iii. Knee Replacement Surgery (other than caused by an Accident), Non-infectious Arthritis, Gout, Osteoarthritis and Osteoporosis, Joint Replacement Surgery (other than caused by Accident), Prolapse of Intervertebral discs (other than caused by Accident), all Vertebrae Disorders, including but not limited to Spondylitis, Spondylosis, Spondylolisthesis,
- iv. Varicose Veins and Varicose Ulcers,
- v. Stones in the urinary uro-genital and biliary systems including calculus diseases and complications thereof,
- vi. Benign Prostate Hypertrophy, all types of Hydrocele,
- vii. Fissure, Fistula in anus, Piles, all types of Hernia, Pilonidal sinus, Hemorrhoids and any abscess related to the anal region,
- viii. Chronic Suppurative Otitis Media (CSOM), Deviated Nasal Septum, Sinusitis and related disorders, Surgery on tonsils/ throat disorder or surgery,
- ix. Gastric and duodenal ulcer, any type of Cysts/Nodules/ Polyps/ Benign tumors including internal tumors and skin tumors, and type of breast lumps,
- x. Any surgery of the genito-urinary system unless necessitated by malignancy.
- xi. Congenital Internal diseases
- xii. Rheumatism including the rheumatism of bones, joints and also rheumatic heart disease

If these diseases are pre-existing at the time of proposal or subsequently found to be pre-existing the pre-existing waiting periods as mentioned in the Policy Schedule shall apply

- 3. Pre-existing disease waiting period: 24 months
- 4. Personal Waiting period: A Personal waiting period not exceeding 48 months may be applied to individuals depending upon declarations on the proposal form and existing health conditions. Please refer to the "Special Conditions" Column on your Policy Schedule to identify if any personal waiting period is applied to your Policy.

E.I.1

E.II.1



		5. Menta A 24 n Illness	E.II.2	
		ICD 10 CODES	DISEASES	
		F05	Delirium due to known physiological condition	
		F06	Other mental disorders due to known physiological condition	
		F07	Personality and behavioural disorders due to known physiological condition	
		F20	Schizophrenia	
		F23	Brief psychotic disorders	
		F25	Schizoaffective disorders	
		F29	Unspecified psychosis not due to a substance or known physiological condition	
		F31	Bipolar disorder	
		F32	Depressive episode	
		F39	Unspecified mood [affective] disorder	;
		F40	Phobic Anxiety disorders	
		F41	Other Anxiety disorders	
		F42	Obsessive-compulsive disorder	
		F44 Dissociative and conversion disorders		
		F45 Somatoform disorders		
		F48	Other nonpsychotic mental disorders	
		F60	Specific personality disorders	
		F84	Pervasive developmental disorders	
		F90	Attention-deficit hyperactivity disorders	
		F99	Mental disorder, not otherwise specified	
8	Financial limits of coverage • Sub-limit (it is pre-defined limit and the insurance company will not pay any amount in excess of this limit	for the Not Ap 2. In cas followi Sub-lii Room	olicy will pay only up to the limits specified hereunder of following diseases/procedures: oplicable e of claim, this policy requires you to share the ing sub limits: Expenses exceeding the following mits Rent: Covered up to Single Private A/C Room CU - Covered up to Sum Insured	D.I.1



	Co-payment	3. Co-payment	
	(it is a specified	xxx%	
	amount	*Zonal Co-payment	
	percentage of	Identification of Zone will be based on the location-City of	F.II.5 &
	admissible claim	the proposed Insured Persons.	F.II.6
	amount to be	a) Persons paying Zone I premium can avail treatment all	
	paid by	over India without any Zonal Co-pay	
	policyholder /	b) Persons paying Zone II premium	
	insured).	i. Can avail treatment in Zone II and Zone III without	
	<ul> <li>Deductible (It is</li> </ul>	any Zonal Co-pay	
	specified	ii. Availing treatment in Zone I will have to bear 10% of	
	amount:	each and every claim.	
	- up to which and	c) Person paying Zone III premium	
	insurance	i. Can avail treatment in Zone III, without any Zonal	
	company will not	Co-pay	
	pay any claim,	ii. Availing treatment in Zone II will have to bear 10% of	
	and - which will be	each and every claim. iii. Availing treatment in Zone I will have to bear 20% of	
	deducted from	each and every claim.	
	total claim	Aforesaid Co-payments for claims occurring outside of the	
	amount (if claim	Zone will not apply in case of Hospitalization due to Accident.	
	amount is more	The aforesaid Co-payments will be applied in conjunction to	
	than specified	Section F.II.5 of the Policy.	
	amount)	Cooler I line of and I energy	
	<ul> <li>Any other limit</li> </ul>	4. Deductible	D.III.5
	(as applicable)	Deductible of Rs. Xxx per policy year on aggregate basis.	
9	Claims/Claims procedure	Details of procedure to be followed for cashless services as well as for reimbursement of claim including pre and post hospitalization:  To know the process for our cashless and reimbursement claims visit - https://www.manipalcigna.com/claims  Turn Around Time (TAT) for claim settlement i. TAT for pre-authorization of cashless facility - within 4 hours from the last complete document.  ii. TAT for cashless final bill settlement - within 4 hours from the last complete document  Web links for the followings: i. Network hospital details - https://www.manipalcigna.com/locate-us ii. Helpline Number - https://www.manipalcigna.com/claims iii. Hospital which are blacklisted or from where no claims will be accepted by insurer-https://www.manipalcigna.com/locate-us iv. Link for downloading claim form -	G.I
		https://www.manipalcigna.com/downloads/claims	
10	Policy Servicing	For hassle free policy servicing customer can manage their policy by clicking on- <a href="https://eservicing.manipalcigna.com/login">https://eservicing.manipalcigna.com/login</a> or Download myManipalCigna App from Playstore or appstore	



11	Grievances/ Complaints	LEVEL 1 Health Relationship Managers Call our toll-free number 1800-102-4462 between 9:00 AM to 9:00 PM. Email us at headcustomercare@manipalcigna.com For Senior Citizen Assistance Seniorcitizensupport@ManipalCigna.com  LEVEL 2 Senior Manager – Grievance Cell Call us on 022-61703600 between 10 am to 6 Pm (Monday to Friday) Email us at complaints@manipalcigna.com  LEVEL 3 Grievance Redressal Officer Call us on 022-61703603 between 10 am to 6 Pm (Monday to Friday) Email us at GRO@manipalcigna.com For Senior Citizen Assistance Seniorcitizensupport@ManipalCigna.com  LEVEL 4 Approach Ombudsman If the channels above have still not met your expectations, you may approach the insurance ombudsman, the office Name and address details applicable for your state can be obtained from https://www.cioins.co.in/Ombudsman  Note: You may also approach the Insurance ombudsman if your complaint is open for more than 30 days at any of the above levels.	F.I.16
12	Things to remember	Free Look Cancellations: The Free Look Period shall be applicable at the inception of the Policy and not on renewals or at the time of porting the policy.  The insured shall be allowed a period of 30 days from date of receipt of the Policy to review the terms and conditions of the Policy, and to return the same if not acceptable.  To avail:  Customer can request for cancellation writing to - customercare@manipalcigna.com from the registered email id with us. OR  Customer can also visit any MCHI Branch and give a written request  Policy Renewal: The policy shall ordinarily be renewable	F.I.15.
		except on grounds of fraud, moral hazard, misrepresentation by the insured person.	



**Migration:** The Insured Person will have the option to migrate the Policy to other health insurance products/plans offered by the company by applying for migration of the policy at least 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the company, the Insured Person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on migration.

F.I.8.

For Detailed Guidelines on Migration, kindly refer IRDAI Guidelines Ref No: IRDAI/HLT/REG/CIR/003/01/2020

#### To avail:

- Customer can share for migration of the policy 30 days prior to the renewal date by writing to -<u>customercare@manipalcigna.com</u> from an email registered with us OR
- Visit nearest ManipalCigna Branch and submit a written request OR
- Contact the intermediary/agent assigned to the customer for assistance

**Portability:** The insured person will have the option to port the policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 45 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed insured person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability.

For detailed Guidelines on Portability, kindly refer IRDAI Guidelines Ref No: IRDAI/HLT/REG/CIR/003/01/2020 and Schedule I of IRDAI (Health Insurance) Regulations 2016 for the Portability norms

#### To avail:

- Customer can share for portability of the policy 45 days prior to the renewal date by writing to -<u>customercare@manipalcigna.com</u> from an email registered with us OR
- Visit nearest ManipalCigna Branch and submit a written request OR
- Contact the intermediary/agent assigned to the customer for assistance

F.I.9

Declaration by the Policy Holder;	
I have read the above and confirm having noted the details.	
Place:	
Date:	(Signature of Policyholder)

### Note:

- i. Insured/policyholder can get the product related document at https://eservicing.manipalcigna.com/document-vault
- ii. In case of any conflict, the terms conditions mentioned in the policy document shall prevail.

(Benefits and exclusion are applicable as per the plan chosen, please refer the policy schedule for the applicable benefits).